The Surgery Center at Pelham

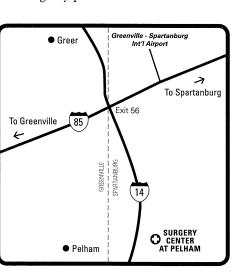
atory surgery center is a facility where surgeries that do e a hospital admission are performed. Patients who elect gery in an ambulatory surgery center arrive the day sedure, have the surgery in an operating room, recover care of a nursing staff, and are discharged home the

gery Center at Pelham (SCP), we focus our attention your outpatient experience as pleasant as possible. It trained staff and your surgeon combine state-of-thement and compassion to provide you with the highest care in a supportive environment. Your personal and rapid recovery are our highest priorities.

of our staff are qualified to provide a variety of the most red surgical outpatient procedures including: ear, nose surgery; general surgery; orthopedic surgery; gery; urological surgery; colorectal endoscopy; ical surgery and podiatric surgery.

of Operation

s open Monday through Friday from 6:00 a.m. to The SCP does not offer emergency or after hours care. should you require immediate treatment for a problem your surgery, please contact your surgeon's answering an emergency, please call 911.



ions and Concerns

tand that you probably have questions and concerns procedure. Our staff is available to answer your Please let us know how we may be of assistance.

Information to Help You Prepare for Surgery

PRIOR TO YOUR SURGERY

• A member of our business office staff will verify your insurance coverage and contact you if any payment is due to the surgery center on the day of your surgery. As part of our efforts to serve the community, we accept Medicare assignment and participate in a number of managed care and insurance programs. We accept MasterCard, Visa, Discover, cash and checks.

THE NIGHT BEFORE YOUR SURGERY

- Please do not eat or drink anything after midnight the night before surgery - including gum, water, mints or vitamins unless your anesthesiologist has given you special instructions stating otherwise. This fasting is very important for your safety. If you do not follow these instructions, your procedure may be delayed or rescheduled.
- If your child is having surgery, your anesthesiologist will discuss
 special feeding instructions. On the day of surgery, one parent
 must remain in the center at all times. Please bring diapers and a
 bottle or sippy cup. Your child may keep a small toy or special item
 with him/her for comfort.
- If you are taking medications, your anesthesiologist will give you instructions on what you should do.
- Get a good night's rest.

THE MORNING OF YOUR SURGERY

- Do not eat or drink anything in the morning unless you have been given special instructions stating otherwise. Do not wear jewelry, watches, makeup or nail polish. If you wear contact lenses, please bring a case with you as well as glasses.
- Wear comfortable clothing that you can change easily and that will not bind the site of your surgery.
- Leave valuables and jewelry at home since the SCP is not responsible for lost articles.
- Remember to bring your insurance card, driver's license, and Medicare card (if applicable) with you. Please be prepared to pay your insurance co-pay or other deductible prior to your surgery.

- Your Arrival time is determined by your physician's schedule for the day, as well as the time it takes to prepare you for surgery. Your wait time, preoperatively, may be up to an hour, and in rare cases over an hour.
- Bring a friend or family member to wait for you during surgery. During your recovery, two family members are permitted to visit.
- Persons under 18 years of age must have a parent or legal guardian with them to sign the consent forms.
- It is our policy that parents/family members cannot
 accompany patients to the Operating Room area. Separation
 anxiety is common in small children, especially ages 15
 months to 7 years. Our staff have been educated on age
 specific concerns and behaviors, and will help your child
 through the stressful preoperative period.
- If you take insulin, bring it with you.
- If you use inhalers, please bring them with you.
- Prior to surgery, several people will interview you. Each
 person who takes part in your care will ask most of the same
 questions such as; What procedure are we doing today? Are
 you allergic to any medications, etc? The questions are
 necessary for your safety. Please be patient with the staff that
 are asking these questions.
- Your anesthesiologist will discuss your procedure with you, tell you exactly what will happen before, during and after your surgery, and answer any remaining questions you may have.



our Surgery

st have a responsible adult with you to drive you caccompany you if you plan to use a taxi service.

rest in our recovery room under the care of specially nurses. You may be sleepy or dizzy after your surgery.

esthesiologist will monitor your condition.

c patients often wake up agitated and crying. This is a response in children who have had surgery. If you neerns about your child's behavior after surgery, please to speak to your nurse, or physician about them.

erative pain is common in surgical procedures. The in the recovery room will ask you to rate your pain a scale of 1-10; 1 being no pain and 10 being severe will give you medication to manage your pain. In tients, pain is relieved, but not completely gone. We pur best to make you comfortable during your or. If you are scheduled for orthopedic or podiatry ease notify your nurse if you have a walker, air, crutches, or post op boot or shoe. You will need this post-operatively.

and physicians will answer your questions and provide n detailed instructions. You will receive a written copy instructions. Please follow them carefully.

meone plan to stay at home with you through

make any important decisions, drive or operate ery for 24 hours after your surgery.

You Get Home

often experience minor after-effects following sia, such as drowsiness, muscle aches, sore throat, es or dizziness. Nausea also may be present, but g is less common. These side effects decline rapidly in the following surgery, but it may take several days they are gone completely.

ority of patients do not feel up to their typical s the next day, usually because of fatigue or surgical ort. Plan to take it easy for a few days until you feel normal.

your surgeon if you have questions about what you cannot do, when you can return to work, and how ou can be following your surgical procedure.

ns or complaints my be directed to the strator at (864) 334-2400. You may also contact the

Your procedure is scheduled for:

☐ Morning

☐ Afternoon

Pre-operative nursing staff will call you the day before your surgery to tell you the day before your surgery to tell you the time to arrive at the Surgery Center. If you have not heard from us by 3:00pm the day before your surgery, please call 864-334-2400. Your arrival time will allow for the completion of necessary paperwork and clinical preparation prior to your scheduled surgery.

The Surgery Center at Pelham (SCP) is a joint venture between Spartanburg Regional Healthcare System and a group of local physician investors. An eight-member board of directors, comprised of four hospital representatives and four physicians, oversees the center. All SCP staff, policies, procedures, equipment and ancillary services meet the highest safety standards. The SCP is licensed by the State of South Carolina as well as by Medicare. To maintain compliance with patient privacy regulations, electronic devices (cell phones, cameras, ipads/tablets, laptops, video recording devices, etc.) are not permitted in patient care areas.

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Guide to Outpatient Surgical Procedures

